Sacred Geometry

Sacred Geometry is the universal design system through which the energies of creation organize themselves into form. The patterns and shapes of sacred geometry makeup all living things but can most obviously be seen in nature, for instance in the beautiful patterns of snowflakes, the shapes and forms of crystals and the intricate design of flowers and pinecones.

Sacred Geometric shapes contain life force energy, light, sound and colour arranged in specific patterns of creation. They can help us to raise our consciousness and 'remember' ourselves as the divine beings that we truly are. In the ancient mystery schools, the study of sacred geometry was considered an indispensable requirement for gaining a greater understanding of life.

The layers of our Light Body are made up of sacred geometric shapes each holding a level of consciousness that provides an anchor point for our multidimensional self. As we raise our consciousness beyond third dimensional understandings our ability to connect with these layers of ourselves to become intentional creators is expanding rapidly.

















How To Use the Platonic Solid & Sacred **Geoemtry Essences**

10ml & 25ml Bottles: Take 4 drops on the tongue from your chosen essence between 2 & 4 x a day, continuing until the bottle is finished.

30ml Sprays: Spray liberally into the auric field for a quick energetic re-balance or use over a period of time to support more permanent transformation.

Preferably take 10 minutes away from food and drink. These are all stock level essences, to gain maximum benefit from your essence we recommend that you take it without further dilution.



How to Order

You can order the Platonic Solid & Sacred Geometry Essences as individual 10ml or 25ml bottles or 30ml sprays and also as a complete set of all 10.

Tel: 01379 608059

Online: www.crystalherbs.com

Or you can order by Post

Crystal Herbs - 16 Hall Farm, Station Road, Pulham Market, Norfolk, IP21 4XF, U.K. Please include payment with order.

Prices

For our latest prices, please see our current order form or look on our website - www.crystalherbs.com

Help & Advice

If you need any help or advice with choosing and using these Essences, please do contact us.



Handmade with Love & Care

From making the Mother Tincture to bottling and labelling the stock bottles that we send you, each essence is handmade with love and care helping to ensure that we provide you with the best possible quality of essence.

Storage Advice - It is best to store vibrational medicine in a cool place away from TV's, microwaves, computers etc.

Find Out More

You can find out more about our complete range of Bach Flower Remedies and Flower. Gem & Crystal Essences, by visiting our website -

www.crystalherbs.com

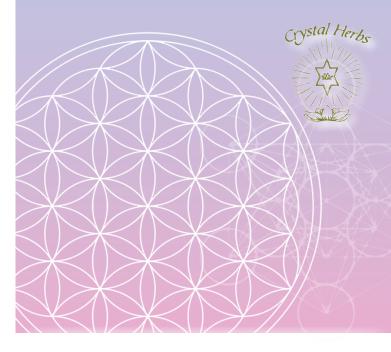
or by requesting a copy of our free catalogue.

Crystal Herbs

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Crystal Herbs is a member of the **British Association of Flower Essence Producers**





Platonic Solid & Sacred Geometry Essences

A unique set of Vibrational Essences made from Platonic Solid & Sacred Geometric Shapes

The Platonic Solid & Sacred Geometry Essences are powerful reminders to our energetic system of their original matrix or blueprint. Working at a subtle level these Vibrational Essences help to encourage restoration of order and balance within our energetic blueprint.

There are five Platonic Solid Essences, three Sacred Geometry Essences and two combination Essences.

Crystal Herbs

A wonderful selection of Flower, Gem & Crystal Essences promoting Unity of Mind, Body & Spirit.



The Platonic Solid & Sacred Geometry Essences

Tetrahedron Essence

The Tetrahedron focuses the energy of creation in a precise format of light, colour and sound. You could use a tetrahedron to hold the energetic template for a project or other creative

Key Points

- · Element: Fire
- · Divine Spark of Life
- · Clarity & Focus
- · Change & Potential

endeavour, while you bring it into physical manifestation. Use the essence to support change and the exploration of potential, as well as the promotion of decision making, clarity and focus.

Hexahedron Essence

The Hexahedron (Cube) provides a structure within which creative intention can be brought into physical form. Use this essence to help strengthen the foundational structure of the etheric blueprint

Key Points

- · Element: Earth
- Foundations
- · Focus & Structure
- · Creative Intention

that provides the matrix for your physical body. It will also help to promote greater awareness of how your energetic structure and the structure of the earth are intimately connected. This is a good essence to take when you need to bring greater focus and structure to a creative project.

Octahedron Essence

The Octahedron is an important aspect of our own basic energy field, creating a foundational layer for the other layers of our light body. It promotes balance and harmony, reminding us that 'as above, so below'. Use this essence to promote greater connection with the higher mind and bring more calmness, balance & harmony into your life. It's particularly helpful if you find it difficult to centred and balanced when there is a lot going on around you. As you take the essence visualise yourself standing inside your own personal Octahedron and make sure that you leave everything else on the outside of it.

Key Points

- · Element: Air
- Thoughts
- Connection to the Higher Mind
- · Balance & Harmony



Dodecahedron Essence

The basic shape of the Christ Conscious grid around the Earth is a Dodecahedron. This is also the geometric shape that surrounds each of us on the outer-most layer of our light body. Use this essence

Key Points

- · Element: Ether/Spirit
- Expanding Consciousness
- Divinity

to help expand consciousness and the ability to see beyond the third dimensional framework of existence. It will also promote a greater alignment with and experience of your own Divinity.

Icosahedron Essence

The Icosahedron brings in a flow of feminine, creative energies that are both expansive and flowing in nature. Use this essence to expand your natural emotional flow, so that lower frequency emotions

Key Points

- · Element: Water
- · Flow of Life force
- · Emotions
- · Feminine Creativity

can be transformed and replaced by higher frequency ones. This Essence promotes creativity, movement and flexibility.

Flower of Life Essence

The ancient pattern of the Flower of Life is the original blueprint for creation in our universe. Hidden within the flowing feminine circles of creation that are visible

Key Points

- Ancient Memory
- Divine Blueprint
- Sacredness

in the pattern, are Metatron's Cube and all the Platonic Solid shapes contained within it. These structures can be revealed by drawing straight lines connecting the centres of the circles in the correct order. The reflection of your own Divinity is held within the energetic template of this pattern. Use the essence to release distortions in your own blueprint and connect you more fully with the inter-connectedness and sacredness of Life.

Sphere Essence

The Sphere represents the Void, the place from which all of creation is initiated. This is deep, feminine energy that will help connect you with your own

Key Points

- · The Void
- · Beingness
- Creativity

creative, sacred centre. If you are feeling scattered take a few drops of the essence and connect with the Sphere that forms one of the outer layers of your energy field, gather all of yourself within it and breath out to the edges of the Sphere and back for a while. Use this essence when you need help to connect with your own calm, sacred centre of creative 'beingness'.

Star Tetrahedron Essence

The human Mer-Ka-Bah field is a spinning Star Tetrahedron, activated by light and love. This geometric shape holds a level of consciousness that will help you

Key Points

- Integration
- · Unity Consciousness
- Mer-Ka-Bah

to connect to fifth dimensional unity consciousness. Drawn two dimensionally it is the ancient symbol of the Star of David, symbolising amongst other things the weaving together of the spiritual and physical aspects of ourselves. Use this essence to enhance unity consciousness and bring balance and integration to your inner male/female polarities, heart & mind, and spirit & matter.

Metatron's Blend Essence

This essence is for those who would like to work with the energies of all five Platonic Solid shapes and the Sphere together. The energetic patterning of Metatron's Cube is also incorporated into this

Key Points

- Fire, Air, Earth, Water, Ether & Void
- Combination Essence
- Awakening to Full Potential

combination of essences. It acts as a powerful reminder to our energetic matrix of its original structure and form, as well as stimulating the conscious memory of the sacredness and interconnectedness of all life. This is a universally applicable essence for all those intent upon awakening to their full potential.

Inner Light Essence

The Inner Light Essence is a a blend of all five Platonic Solid Essences & Sphere, together with Gold, Shattuckite & Green Calcite. This combination will

Key Points

- Original Patterning
- · Combination Essence
- · Opening to the Light

help the body and its energetic structure remember how to absorb and use the regenerative properties of light. We are all currently involved in a process of evolution which is rapidly expanding our consciousness and promoting change in our energetic structures. A major aspect of this evolutionary change is the requirement for us to remember how to use and assimilate high frequency energy in the form of light, through all aspects of our being. However, the old patterns of density that we have become accustomed to, create a resistance to this process that can sometimes be slow to shift, especially at a denser level. This combination will help to break down that resistance and remind us of our original patterning of perfection.